

WASH YOUR
HANDS!



SEQUENCE STRIP

color & black/white
VERSION INCLUDED!

WASH YOUR HANDS!



SEQUENCE STRIP

PURPOSE:

- This hand washing strip visually depicts the hand washing sequence that can be utilized by a child to easily visualize and follow the hand washing routine in the home or school setting.

INSTRUCTIONS TO PRINT:

- Print out on heavy cardstock, paper, or laminate.

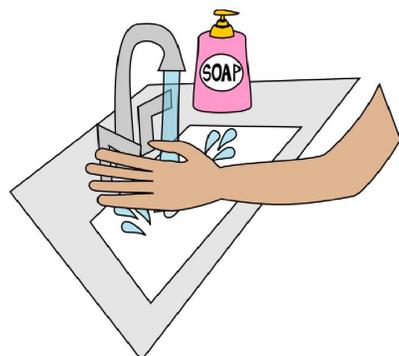
INSTRUCTIONS TO ASSEMBLE:

1. Cut out sequence strip for individual child.
2. Adhere to bathroom wall or near sink for ability to follow visuals.

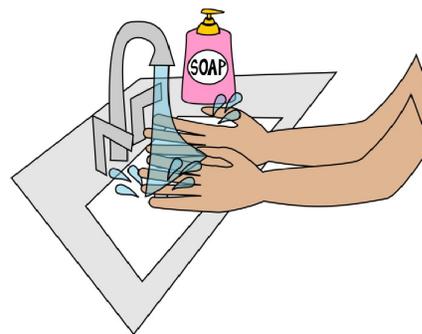
HOME USE:

- Explicitly teach and review each step in the hand washing routine prior to placing strip in bathroom/sink area.

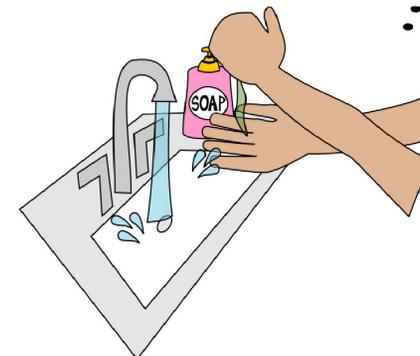
WASH YOUR HANDS!



STEP 1:
TURN ON WATER



STEP 2:
WET HANDS



STEP 3:
SOAP ONTO HANDS



STEP 4:
RUB HANDS



STEP 5:
RINSE SOAP OFF

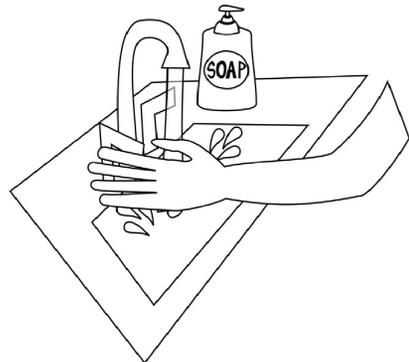


STEP 6:
TURN OFF WATER



STEP 7:
DRY HANDS

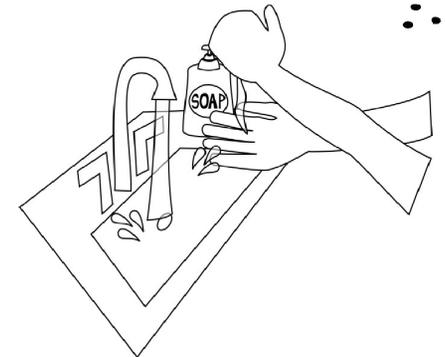
WASH YOUR HANDS!



STEP 1:
TURN ON WATER



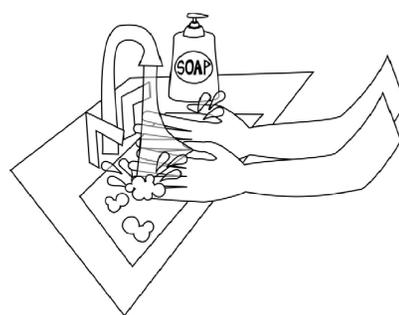
STEP 2:
WET HANDS



STEP 3:
SOAP ONTO HANDS



STEP 4:
RUB HANDS



STEP 5:
RINSE SOAP OFF



STEP 6:
TURN OFF WATER



STEP 7:
DRY HANDS